

Newcastle Netball Association

Pre Season Netball News 2020



Grading day is creeping up fast for the NNA Grading Committee and NNA would like to offer their services, where possible, to any club that may have difficulty nominating a grade for a team when registering i.e. a team, possibly, may still have 5 of the original players but have lost both shooters and 2 strong defenders. You may of course put this information on the registration sheet but, if in doubt, NNA can arrange to view this team at training and advise in turn, can note this when the graders are reviewing. <u>NOTE</u>: One exception is for the 10 year old

teams as they are court graded.

The aim is to try and avoid teams losing games by very large margins, although this result can sometimes be due to other influences and out of anyone's control or expertise. You may contact **Barbara NNA Grading Convener** on 02 49206485 or grading@newcastlenetball.com.au





<u>Coaching Accreditation.</u> As clubs are taking registrations, it is a timely reminder when selecting coaches that they have appropriate coaching accreditations. Netball NSW with Netball Australia have a coaching pathway that can be viewed at <u>Netball Australia</u>. NNA is a strong believer that all coaches look to gain accreditation at any level. Please see <u>NNA website</u> and view the information under the Coaching tab.

<u>Coaching Resources.</u> As clubs are creating their teams, it is helpful to supply new coaches and returning coaches with some useful resources. These resources may contain websites to coaching sessions, ways to demonstrate a skill and how to plan a coaching session. Head over to <u>NNA website</u> for some great ideas.





<u>2020 Rules of Netball update.</u> To commence the 2020 season, INF has released an updated version of the Rules of Netball. As a coach, it is your responsibility to coach accordingly to the rules of the game as well as educate your players on the Rules of Netball. Please look to download the <u>new rule book</u> or purchase one. It is ideal to always have your rule book with you. ***OFFER — NNA will provide a number of FREE NEW RULE BOOKS to clubs to supply their coaches with. Even distribution of books will be made to all clubs after registration. ***

<u>Upcoming courses.</u> Any coach can complete a netball coaching course. Sport Australia offers a <u>FREE ONLINE</u> Coaching course. There is also a number of extra resources on this page. <u>NNA</u>



Coaching tab has updated 2020 information on Development and Intermediate coaching courses in the area.



<u>NNA Sub Junior rules</u> are listed on the <u>NNA website</u>. Please make yourself familiar with this document if you are coaching teams in the 7's, 8's or 9's grades.



Any further coaching questions, please contact

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